

TROOP 537

Backpacking Gear List for Winter Camping

Personal Equipment Checklist

Wear or carry in pockets:

- Boonie hat
- Troop T-shirt
- Underwear, moisture wicking preferred
- Thermal underwear
- Waterproof snow pants
- Hiking/wool socks
- Snow boots
- Snow Gloves, waterproof with liner
- Backpack, properly fitted
- Hiking staff/poles

Carry where it is readily accessible:

- Survival kit
- Water bottle(s), 2 quart/liter
- Waterproof snow jacket
- Headlamp/Flashlight
- Sunglasses or Goggles
- Sunscreen (min. 25 SPF)
- Chapstick
- Toilet paper in Ziploc bag

Carry inside or attached to pack:

- Lunch for each day on the trail – not to exceed 8 oz. per day*
- Money for food when traveling to/from trip – about \$10 for each meal stop
- Equipment:
 - Sleeping bag in waterproof bag
 - Foam sleeping pad
- Personal Toilet Kit:
 - Toothbrush
 - Toothpaste
 - Soap
- Personal Kitchen Kit:
 - Hiking cup - Insulated preferred
 - Plate or bowl - Plastic preferred
 - Eating utensils - Plastic preferred not disposable
- Clothing:
 - Troop T-shirt
 - Snow Pants
 - Underwear, moisture wicking preferred
 - Hiking/wool socks
 - Thermal underwear
 - Reflectix sheet and/or second sleeping pad
 - Hand Warmers
 - Backpacker's towel
 - Medications (as necessary)
 - 30 gallon garbage bag
 - 3 - 1 gallon Ziploc bags
 - Wool or fleece cap
 - Flannel/wool shirt (no cotton)
 - Fleece or wool sweater/jacket
 - Extra gloves, waterproof with liner

Optional Equipment

- Foam foot/seat pad
- Sleeping Bag Liner
- Bivey Sack
- Candle Lantern
- Glove liners
- Balaclava
- Gaiters
- Snowshoes
- Pocket knife (must have Totin' Chip)
- Watch
- Extra flashlight batteries
- Lighter/matches in a waterproof container
- Small notebook and pencil